



February 2026 Lunch Menu

Salad bar available Monday - Friday (Middle School Only & Staff)

Lunch menu items may be substituted at manager's discretion.

Drink Options: Whole Milk, 2% Milk, Fat free Chocolate Tru Moo, 100% Juice-Orange, 100% Apple Juice



GF - Gluten Free Option Available (for intolerance)

All Salads have choice of dressing (dairy free option available)

No Peanuts, Tree Nuts

No Artificial Food Dyes or MSG

All Condiments Available Daily

All Fries/Tots are Baked

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Baked Chicken Tenders Homestyle Mashed Potatoes Fresh Steamed Broccoli or Steamed Key West Veggies Salad Fresh Peaches & Blueberries Cookie	Homemade Meat Sauce Spaghetti or Chicken Alfredo GF- Noodles Fresh Steamed Green Beans Garden Salad Fresh Pineapple & Mixed Berries	Grilled Cheese Sandwich or Turkey and Cheese Sandwich (no nitrates) GF-Bun Chicken Noodle Soup or Tomato Soup/ Salad Grapes	Chicken or Beef Soft Taco GF-Tortilla Seasoned Black Beans Fresh Steamed Corn Garden Salad Fresh Cut Pineapple	Cheese Pizza GF Steamed Green Beans Carrot Slicks & Apple Slices Fruit Yogurt Cup
9	10	11	12	13
Hamburger or Cheese Burger GF-Bun Fresh Green Beans or Steamed Baby Carrots Tater Tots Garden Salad Cookie & Tropical Fruit Salad	Scrambled Eggs Turkey Sausage Links Multi Grain Cheerios Biscuit GF-Toast Fresh Orange Slices	Sloppy Joes or Hot Ham & Cheese (no nitrates) GF-Bun Fresh Steamed Broccoli & Cauliflower/ Sweet Potato Fries Salad /Fresh Berries & Peaches	No School Teacher Inservice	Bishop's Holiday No School
16	17	18	19	20
Presidents Day No School	Baked Chicken and Rice Whole Wheat Roll Steamed Key West Veggies Garden Salad & Fresh Peaches w/Berries	Fish Sticks w/Mac & Cheese Fresh Steamed Broccoli or Mixed Veg. Garden Salad & Fresh Fruit Cup or Apple Sauce Cup	Homemade Meat Sauce Spaghetti or Chicken Alfredo GF-Noodles Fresh Steamed Green Beans & Salad Fresh Pineapple	Cheese Pizza GF Carrot & Celery Sticks Fresh Apple Slices or Grapes Fruit Yogurt Cup
23	24	25	26	27
Hamburger or Cheeseburger GF-Bun Tater Tots or Sweet Potato Fries Steamed Broccoli Cauliflower Medley Salad Fresh Orange Slices	Scrambled Eggs Turkey Sausage Links Mini Maple Waffles Fresh Mixed Berries	Homemade Chicken Pot Pie Fresh Steamed Green Beans Garden Salad Fresh Pineapple & Melon	Chicken or Beef Soft Taco Cheese Nachos GF-Tortilla Fresh Steamed Corn Garden Salad Fresh Peach Slices & Berries	Cheese Pizza GF Fresh Steamed Whole Green Beans Carrot Sticks Fresh Apple Slices Fruit Yogurt Cup

SAINT JOHN NEUMANN
CATHOLIC SCHOOL

